Relationships and Sex Education September 2020 Changes

In school we aim to help children to learn to respect themselves and others and move safely and confidently from childhood, through adolescence, into adulthood. We deliver much of this work through Relationships and Health Education, which are statutory parts of the broader subject, PSHE. As part of our programme we provide Relationships and Sex Education (RSE).

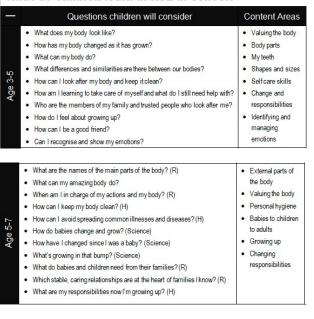
We are very aware that the RSE we deliver in school is only a small part of children's learning about their bodies, keeping safe, emotions, relationships, sexual behaviour, sexuality, sexual health and themselves. The majority of children's learning in this area takes place with you at home.

From September 2020, the Government has issued new guidelines making Relationship, Health and Sex Education (RHSE) compulsory in primary schools. This means that as parents and carers, you will not have the right to withdraw your child from this subject.

Due to this, from September 2020 all primary schools have to teach children Relationships Education and Health Education. In our school, we have been teaching most of required content for some time, as part of our PSHE (Personal, Social and Health Education) lessons. We combine some aspects of Relationships Education (families, healthy relationships, being safe) and Health Education (puberty, hygiene), along with Sex Education (teaching about human reproduction and birth) to create a topic called Relationships and Sex Education (RSE).

What the children learn in school

What do children learn in RSE in school?



. How are male and female bodies different and what are the different parts Difference called?(R) between males and females . When do we talk about our bodies, how they change, and who do we talk to?(R) Valuing the body · What can my body do and how is it special? Responsibilities . Why is it important to keep myself clean? (H) for hygiene Stages of human . What can I do for myself to stay clean and how will this change in the life How do different illnesses and diseases spread and what can I do to Sperm+egg=baby Being grown up prevent this? (H) What are the main stages of the human life cycle? (Science) responsibilities How did I begin? (Sex Ed) What does it mean to be 'grown up'? (H) Parents/carers' responsibilities What am I responsible for now and how will this change? (H) . How do different caring, stable, adult relationships create a secure environment for children to grow up? (R) · Names of sexual parts What are male and female sexual parts called and what are their functions? (R) Puberty How can I talk about bodies confidently and appropriately? (R) Physical change . What happens to different bodies at puberty? (H) Menstruation · What might influence my view of my body? · Developing body image How can I keep my growing and changing body clean? (H) Changing hygiene routines How can I reduce the spread of viruses and bacteria? (H) Viruses and hacteria . What are different ways babies are conceived and born? (SexEd) Human lifecycle What effect might puberty have on people's feelings and emotions?(H) reproduction · How can my words or actions affect how others feel, and what Changing emotions are my responsibilities? (H) · Responsibility for others What should adults think about before they have children? (R) · Love, marriage and . Why might people get married or become civil partners? (R) families · What are different families like? (R)

Please click below to see the Department for Educations' guide to RSHE for parents and carers.

https://www.gov.uk/government/publications/relationships-sex-and-health-education-guides-for-schools